

**S** gNat's Nature Pond is not stocked with fish and is a haven for many birds and insects. Around the Nature Pond you will find native plant species including the Yellow Flag Iris, White Water Lily, Purple Loosestrife, Marsh Marigold, Meadow Sweet and Ragged Robin. In the spring frogs are spawning and in the summer dragonflies can be seen. Also in the summer the water level of the nature pond drops naturally, creating a draw-down zone which is beneficial to wildlife, particularly insects.



#### Please do not Disturb the Anglers

## Nature Trail Safety

For safety our Lake Meadow is strictly only to be entered or used between 8am and dusk.

All children must be fully supervised by a competent adult all all times - no exceptions.

Most of the trail runs alongside our lakes, so please keep a close eye on your children.

Dogs / Pets are allowed in our Meadows, but must be kept under control and on a short lead at all times. They are NOT allowed in the Lakes or Pond.

No bicycles or vehicles are allowed in the Lake Meadow.

## Follow The countryside code

Be Safe Consider Other People Protect Plants and Animals Take Away Your Litter

### carn Moor Nature Reserve

We also have our own private access to a public footpath which runs through the **Carn Moor Nature Reserve and Conservation Area**, adjacent to the park. Please go through the kissing gate at the back of the children's adventure play area and walk to the left. This is an area classified by the Cornwall Wildlife Trust as "an important flowering heathland and wetland", part of the Tywarnhayle Common.

Instead, if you turn right at the kissing gate, you will walk to Wheal Albert, a mine ruin from the days when mining was a major industry in Cornwall.

# Bufferfly, Bug and Bee Garden

Visit our Butterfly, Bug and Bee Garden, just look to the left below the roundabout as you face towards the exit to the park.

#### Perran Springs Holiday Park

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# gNafs Nafure Trail



Enjoy a short stroll around our lakes



The route of gNat's Nature Trail is easy to follow. Just follow the paw prints on the map and keep to the cut grass pathways around the lakes. Around the Trail you will find some 'Nature Watch' information signs to read.

**I** Near the start of the Trail you will see some small oak trees in the hedgerows. In the UK, the oak provides a habitat for more organisms, and especially insects, than any other tree.

**2** At this point, you can see across our Butterfly Lake. Flowers provide essential nectar for butterflies and the nearby nettles, holly and ivy provide food for the caterpillars.

**3** From the bridge, you are able to look over the Reedmace across our Mayfly Lake, if you're lucky you may see a Moorhen. Reedmace became known as Bulrush after a painting 'Moses in the Bulrushes' by Sir Lawrence Alma-Tadema. It showed the baby in a basket among plants of this type and many botanists have now given up the argument that the name is incorrect.

**4** Birds are often seen swooping low over the water and bats may be viewed at dusk. We have provided nestboxes around the park for a variety of birds. You may spot a woodpecker, starling, tree and house sparrow, robin, or wagtail. A short cut can be taken from here to point 8. Continuing along the path, there is a wooded area to the left which is a marsh area for most of the year. Lichen, moss and types of fern grow here in the sheltered damp environment.

**5** Here you overlook our Dragonfly Lake, this is the largest lake and is home to a selection of specimen carp. Look down, as you can often see fry and some larger fish swimming around, where the stream enters the lake. Also look out for visiting Mallard Ducks and Canada Geese.

**6** A higher viewpoint. Look out for our local Jay, Barn Owl, Buzzard, Sparrowhawk and Grey Heron. These visiting birds are much harder to spot.

**7** Follow the path, passing the Pendulous Sedge and Gunnera Manicata (Giant Rhubarb), to gNat's Nature Pond.

